College of Health & Human Performance
Department of Health Education and Behavior

Fall 2015
Drug Education
Sadie B. Sanders, Ph.D.

<table>
<thead>
<tr>
<th>Course Section</th>
<th>HSC4143/0404</th>
<th>Telephone</th>
<th>(352)294-1810</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class Meeting</td>
<td>MWF, Period 5 (11:45 am – 12:35 pm) FLG 265</td>
<td>Email</td>
<td><a href="mailto:ssanders@ufl.edu">ssanders@ufl.edu</a></td>
</tr>
<tr>
<td>Office</td>
<td>FLG 18</td>
<td>Fax</td>
<td>(352) 392-1910</td>
</tr>
<tr>
<td>Office Hours</td>
<td>Monday: 10:00 a.m. – 11:30 a.m. Wednesday: 10:00 a.m. – 11:30 a.m. Friday: 9:30 a.m. – 11:30 a.m.</td>
<td>Dept. Chair</td>
<td>Dr. Jalie Tucker FLG 5</td>
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Class Composition

The class consists of a combination of both graduate and undergraduate level students. Graduate level students will complete additional course requirements as listed in the “Course Requirements” section of the Course Syllabus.

Course Purpose

This course provides a broad view of the elements of drug use and abuse, such as individual behavior, environmental factors and drugs. Drug taking is approached in a factual stance; i.e., what has been documented to date, so that participants can separate speculation and bias from fact. The emphasis is also placed on methods pertaining to the preventive aspects of drug use and abuse.

Course Objectives

1. Identify major drugs of misuse and abuse, and demonstrate an understanding of their physiological, psychological, and behavioral effects.
2. Identify current trends drug use, misuse and abuse.
3. Recognize the impact drugs have on individuals, communities and society as a whole.
4. Develop effective drug education lesson plans for specific target populations.
5. Objectively analyze current literature in selected areas of drugs and alcohol.
6. Explore personal attitudes regarding drug use, misuse and abuse.

### Required Textbook

### Course Policies
Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at: [https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx](https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx).

1. **Class Attendance:** Regular attendance is required and expected.
   a. Attendance will be taken for all guest speakers, graduate presentations, and in-class activities (e.g., small group discussions, videos) and will be counted as in-class activity points.

2. **Class Absences:** Acceptable reasons for absences from class are consistent with the UF Policy which includes illness, serious family emergencies, special curricular requirements, military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate, and court-imposed legal obligations.
   a. If you miss a class, you are encouraged to ask a classmate for a description of what you miss. Any handouts distributed on the day you were absent from class may be picked up from my office during office hours.
b. In the event of an excused absence, you must provide me with notification of your absence (via email or phone/phone message) within 24 hours of the absence.

c. In the event of an excused absence, you must provide me with appropriate documentation and make arrangement for any missed in-class activity the day you return to class.

3. **Assignments:** All assignment are due at their designated times.
   a. Assignments required to be submitted via E-Learning Assignment Tool will be due on or before 11:55 p.m. on their designated due dates.
      i. If you experience a problem with submitting your assignment (or submit the incorrect assignment), you may email the assignment to me via E-Learning Email before 11:55 p.m.
   b. Assignments required to be submitted in hard copy form will be due by the end of official class time on their designated due dates.
      i. If you are absent on the date an assignment is due via hard copy, you may submit it via E-Learning Email before the end of official class time. However, you must provide me with hard copy on the day you return to class.

4. **Late Assignments:** Any assignment submitted after the designated due date and time is considered late and will automatically incur a 50% deduction in points.
   a. Assignments required to be submitted via E-Learning Assignment Tool and assignments required to be submitted in hard copy form will be accepted within 24 hours of the due date and time.
   b. Assignments required to be submitted in hard copy form will be accepted within 24 hours of the due date and time. If this date falls on a weekend, the assignment may be emailed to me via E-Learning.

5. **In-Class Activities:** There will be several in-class activities. In order to receive the points for these activities, you must actively participate and sign your name on the participation sheet **before the end of official class time** on the day of the activity.
   a. If you arrive late, you must indicate the time you arrived next to your signature.
b. Missed in-class activities cannot be made up unless you meet and comply with the criteria for an excused absence as outlined in the Attendance Policy.

6. **Assessments:** Exams must be taken according to when they are scheduled.
   a. A make-up will be permitted only in the event of extreme circumstances (illness, personal emergency, etc.).
      i. You must contact me via phone or email message within 24 hours and provide valid documentation upon your return to class.

7. **Access to Course Material and Information:** Course information & material will be posted on E-Learning in Sakai unless otherwise noted.
   a. PowerPoints are available well in advance and provide somewhat of an outline of each lecture. You are encouraged to review PowerPoints in advance, bring copies to class with you, and take additional notes from class lectures.
   b. Check E-Learning regularly and frequently for Announcements, course updates, etc.

8. **Classroom Decorum:** In order to maintain a positive learning environment, all students are expected to be fully attentive and maintain a sense of respect.
   a. Laptops, iPads, etc. are permitted for course purposes only.
   b. Cell phones shall be turned off; however if you’re expecting a critical call, you may leave it on vibrate and if it becomes necessary to talk on the cell phone during class, you may quietly and briefly leave the classroom.
   c. Checking text messages, sending text messages, Facebook, etc. shall not be engaged in during class time.

9. **Accommodations for Students with Disabilities**
   a. "Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation."
      http://www(aa).ufl.edu/Data/Sites/18/media/policies/syllabi_policy.pdf
10. **UF Student Honor Code**
   a. UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code ([http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/](http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/)) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

11. **Online Course Evaluation:** Students are expected to provide feedback on the quality of instruction in this course based on 10 criteria. These evaluations are conducted online at [https://evaluations.ufl.edu](https://evaluations.ufl.edu). Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at [https://evaluations.ufl.edu](https://evaluations.ufl.edu).”

12. **Miscellaneous**
   a. **Department faculty and staff (Secretary, Office Manager):** Please do not ask faculty or staff members place any of your assignments or other items in my mailbox. You must make arrangements with me in advance which may include permission to slide the item under my door, if possible. In the event of the latter, the date and time must appear at the top of the first page.

   b. **Extra Credit:** Simply put, there is no extra credit and there are no extra credit assignments. Additionally, no points will be “given” at the end of the semester.
**Course Requirements**

1. **Assessments:** Three non-cumulative exams and one syllabus quiz.

2. **Class Activities:** There will be several in and out-of-class activities that will supplement, compliment and enhance class lectures.

3. **Drugs in the News:** Review a recent article directly related to any illicit or legal drug (OTC, prescription, designer, etc.) or drug-related issue and write a detailed summary of the article. See *Drug in the News* handout for additional information.

4. **It’s My Opinion:** An opinion paper presents a debatable opinion about an issue with the goal of convincing your audience that your opinion is valid and significant. Write a 3-4 page opinion paper on a current controversial topic. See *It’s My Opinion* handout for additional information.

**Methods of Instruction**

1. Lecture
2. Small Group
3. Discussion
4. Cooperative Learning
5. Guest Speaker
Grading/Point Distribution

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<tr>
<th>Course Requirement</th>
<th>Points</th>
<th>Percent</th>
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<tbody>
<tr>
<td>Quizzes &amp; Exams</td>
<td>200</td>
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<tr>
<td>Class Activities</td>
<td>90</td>
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<tr>
<td>It’s my Opinion</td>
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<td>Drugs in the News</td>
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<td>Syllabus Quiz</td>
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<td>02%</td>
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<td><strong>Total</strong></td>
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<table>
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<tr>
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<tr>
<td>372 - 400</td>
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<tr>
<td>360 – 371</td>
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<tr>
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<td>332 - 351</td>
<td>B</td>
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<td>312 - 319</td>
<td>C+</td>
</tr>
<tr>
<td>292 - 311</td>
<td>C</td>
</tr>
<tr>
<td>280 - 291</td>
<td>C-</td>
</tr>
<tr>
<td>272 - 279</td>
<td>D+</td>
</tr>
<tr>
<td>252 - 271</td>
<td>D</td>
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<tr>
<td>240 - 251</td>
<td>D-</td>
</tr>
<tr>
<td>Below 240</td>
<td>E</td>
</tr>
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Final grades/Letter Grades are determined by the total number of points, not by the percentages specified on ELearning.

Passing Grades and Grade Points Effective May 11, 2009 - Summer A

<table>
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<tr>
<th>Letter Grade</th>
<th>A</th>
<th>A-</th>
<th>B+</th>
<th>B</th>
<th>B-</th>
<th>C+</th>
<th>C</th>
<th>C-</th>
<th>D+</th>
<th>D</th>
<th>D-</th>
<th>E</th>
<th>WF</th>
<th>I</th>
<th>NG</th>
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<td>3.67</td>
<td>3.33</td>
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<td>.67</td>
<td>0</td>
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For additional information regarding UF Grades and Grading Policies:
https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx#grades

Resources for Mental/Emotional Health & Emergencies

1. University counseling services and mental health services: 392-1575, 
   http://www.counseling.ufl.edu/cwc/Default.aspx
2. Alachua County Crisis Center: Telephone: 264-6789
   http://www.alachuacounty.us/government/depts/css/crisis/
   www.mbhci.org, 4300 SW 13th Street
4. University Police Department: 392-1111 or 9-1-1 for emergencies.
<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>BOOK READINGS</th>
</tr>
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</table>
| Week 1: 8/24 – 8/28 | • Course Overview  
• Drugs in Perspective  
• Drugs in Contemporary Society | Chapter 1  
Chapter 2 |
| Week 2: 8/31 – 9/4 | • Drugs in Contemporary Society  
• Motivation for Drug Use | Chapter 2  
Chapter 3 |
| Week 3: 9/7 – 9/11 | • **Monday: No Class – Labor Day**  
• **Wednesday: Syllabus Quiz**  
• Drugs and the Law | Chapter 4 |
| Week 4: 9/14 – 9/18 | • Drugs and the Law  
• **Pharmacology** and Physiology of Drug Use | Chapter 4  
Chapter 5 |
| Week 5: 9/21 – 9/25 | • Pharmacology and Physiology of drug Use  
• **Friday: Exam #1** | Chapter 5 |
| Week 6: 9/28 – 10/2 | • Alcohol  
• **Wednesday: Drugs in the News Assignment Due** | Chapter 6 |
| Week 7: 10/5 – 10/9 | • Tobacco  
• Narcotics | Chapter 7  
Chapter 8 |
| Week 8: 10/12 – 10/16 | • Narcotics  
• Sedatives-Hypnotic Drugs | Chapter 8  
Chapter 9 |
| Week 9: 10/19 – 10/23 | • Sedatives-Hypnotic Drugs  
• Inhalants | Chapter 9  
Chapter 9 |
| Week 10: 10/26 – 10/30 | • **Monday: Exam #2**  
• Psychotherapeutic Drugs | Chapter 10 |
| Week 11: 11/2 – 11/6 | • **Monday & Wednesday: No Class – APHA, Chicago**  
• **Friday: No Class - Homecoming** | |
| Week 12: 11/9 – 11/13 | • Stimulants  
• **Wednesday: No Class – Veterans Day** | Chapter 11 |
| Week 13: 11/16 – 11/20 | • Stimulants  
• Marijuana | Chapter 11  
Chapter 12 |
| Week 14 11/23 – 11/27 | • **Monday: It’s My Opinion Assignment Due**  
• Hallucinogens  
• **Wednesday & Friday: No Class - Thanksgiving** | Chapter 13 |
| Week 15: 11/30 – 12/4 | • Substance Abuse Treatment  
• Graduate Presentations | Chapter 15 |
|-----------------------|--------------------------------------------------------|------------|
| Week 16: 12/7 – 12/11 | • Graduate Presentation  
• **Wednesday – Exam #3** |            |