Human Sexuality Education

Fall 2015

College of Health & Human Performance
Department of Health Education and Behavior
Sadie B. Sanders, Ph.D., CHES

<table>
<thead>
<tr>
<th>Course Section</th>
<th>Telephone</th>
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<tbody>
<tr>
<td>HSC4133 15C6</td>
<td>(352) 294-1810</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Class Meeting</th>
<th>E-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td>MWF 12:50 p.m. – 1:40 p.m. (Period 6) FLG 265</td>
<td><a href="mailto:ssanders@hhp.ufl.edu">ssanders@hhp.ufl.edu</a></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Office</th>
<th>Fax</th>
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<tbody>
<tr>
<td>FLG Room 18</td>
<td>(352) 392-1909</td>
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<table>
<thead>
<tr>
<th>Office Hours</th>
<th>Department Chair</th>
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<tbody>
<tr>
<td>Monday: 10:00 a.m. – 11:30 a.m. Wednesday: 10:00 a.m. – 11:30 a.m. Friday: 9:30 a.m. – 11:30 a.m.</td>
<td>Dr. Jalie Tucker, FLG 5</td>
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**Class Composition**

The class consists of a combination of both graduate and undergraduate level students. Graduate level students will complete additional course requirements as listed in the “Course Requirements” section of the Course Syllabus.

**Course Purpose**

The course is designed to increase students’ knowledge of human sexuality issues, to increase students’ level of comfort with sexuality topics, and to provide an opportunity for students to explore and clarify their personal sexual attitudes and beliefs. Course requirements, including class activities have been designed, which emphasize the importance of both content and process in human sexuality education.
Course Objectives

Upon successful completion of this course, students will be able to:

1. Discuss the major content areas within human sexuality, including but not limited to gender issues, sexual anatomy and physiology, human sexual response cycle, sexually transmitted infections and HIV disease, sexual difficulties and solutions, sexuality during the life span, and sex research.
2. Demonstrate increased comfort for teaching and/or communication sexuality topics.
3. Identify personal attitudes and values related to specific sexuality topics such as gender roles, sexual orientations and atypical sexual behaviors.
4. Apply critical-thinking skill when exploring sexuality related issues.

Required Textbook


Course Policies

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx.

1. **Class Attendance:** Regular attendance is required and expected.
   a. Attendance will be taken for all guest speakers, graduate presentations, and in-class activities (e.g., small group discussions, videos) and will be counted as in-class activity points.

2. **Class Absences:** Acceptable reasons for absences from class are consistent with the UF Policy which includes illness, serious family emergencies, special curricular requirements, military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate, and court-imposed legal obligations.
   a. If you miss a class, you are encouraged to ask a classmate for a description of what you miss. Any handouts distributed on the day you were absent from class may be picked up from my office during office hours.
b. In the event of an excused absence, you must provide me with notification of your absence (via email or phone/phone message) within 24 hours of the absence.

c. In the event of an excused absence, you must provide me with appropriate documentation and make arrangement for any missed in-class activity the day you return to class.

3. **Assignments:** All assignment are due at their designated times.
   a. Assignments required to be submitted via E-Learning Assignment Tool will be due on or before 11:55 p.m. on their designated due dates.
      i. If you experience a problem with submitting your assignment (or submit the incorrect assignment), you may email the assignment to me via ELearning Email before 11:55 p.m.
   b. Assignments required to be submitted in hard copy form will be due by the end of official class time on their designated due dates.
      i. If you are absent on the date an assignment is due via hard copy, you may submit it via ELearning Email before the end of official class time. However, you must provide me with hard copy on the day you return to class.

4. **Late Assignments:** Any assignment submitted after the designated due date and time is considered late and will automatically incur a 50% deduction in points.
   a. Assignments required to be submitted via ELearning Assignment Tool and assignments required to be submitted in hard copy form will be accepted within 24 hours of the due date and time.
   b. Assignments required to be submitted in hard copy form will be accepted within 24 hours of the due date and time. If this date falls on a weekend, the assignment may be **emailed to me via ELearning.**

5. **In-Class Activities:** There will be several in-class activities. In order to receive the points for these activities, you must actively participate and sign your name on the participation sheet before the end of official class time on the day of the activity.
   a. If you arrive late, you must indicate the time you arrived next to your signature.
b. Missed in-class activities cannot be made up unless you meet and comply with the criteria for an excused absence as outlined in the Attendance Policy.

6. **Assessments:** Exams must be taken according to when they are scheduled.
   a. A make-up will be permitted only in the event of extreme circumstances (illness, personal emergency, etc.).
      i. You must contact me via phone or email message within 24 hours and provide valid documentation upon your return to class.

7. **Access to Course Material and Information:** Course information & material will be posted on E-Learning in Sakai unless otherwise noted.
   a. PowerPoints are available well in advance and provide somewhat of an outline of each lecture. You are encouraged to review PowerPoints in advance, bring copies to class with you, and take additional notes from class lectures.
   b. Check E-Learning regularly and frequently for Announcements, course updates, etc.

8. **Classroom Decorum:** In order to maintain a positive learning environment, all students are expected to be fully attentive and maintain a sense of respect.
   a. Laptops, iPads, etc. are permitted for course purposes only.
   b. Cell phones shall be turned off; however if you’re expecting a critical call, you may leave it on vibrate and if it becomes necessary to talk on the cell phone during class, you may quietly and briefly leave the classroom.
   c. Checking text messages, sending text messages, Facebook, etc. shall not be engaged in during class time.

9. **Accommodations for Students with Disabilities**
   d. “Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation.”
   
   [http://www.aa.ufl.edu/Data/Sites/18/media/policies/syllabi_policy.pdf](http://www.aa.ufl.edu/Data/Sites/18/media/policies/syllabi_policy.pdf)
10. UF Student Honor Code
   a. UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (http://www.dso.ufl.edu/scr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

11. Online Course Evaluation: Students are expected to provide feedback on the quality of instruction in this course based on 10 criteria. These evaluations are conducted online at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at https://evaluations.ufl.edu.”

12. Miscellaneous
   a. Department faculty and staff (Secretary, Office Manager): Please do not ask faculty or staff members place any of your assignments or other items in my mailbox. You must make arrangements with me in advance which may include permission to slide the item under my door, if possible. In the event of the latter, the date and time must appear at the top of the first page.
   b. Extra Credit: Simply put, there is no extra credit and there are no extra credit assignments. Additionally, no points will be “given” at the end of the semester.

Course Requirements

1. Assessments: There will be three non-cumulative exams and one syllabus quiz.
2. **Class Activities and Assignments:** There will be several in and out-of-class activities and assignments that have been designed to enhance, compliment and supplement various course content areas.

3. **Reaction Paper:** In general, a Reaction Paper is an analysis and evaluation of something you have read or seen concerning a given topic. For this class, the source for this reaction will be a video that is related to Gender Issues, and the purpose of this paper is to demonstrate your comprehension of the video and to identify and explore your feelings and thoughts about the issues and viewpoints presented. *(See Reaction Paper Handout)*

4. **Sex Research Review:** Kinsey Institute Presents: Conversations about Sex Research. *(See Sex Research Handout)*

**Methods of Instruction**

1. Lecture
2. Small Group
3. Discussion
4. Cooperative Learning
5. Guest Speaker
Final grades/Letter Grades are determined by the total number of points, not by the percentages specified on ELearning.

**Grading/Point Distribution**

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<tr>
<th>Course Requirement</th>
<th>Points</th>
<th>Percent</th>
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<tr>
<td>Exams</td>
<td>180</td>
<td>45%</td>
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<tr>
<td>Class Activities</td>
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<td>Sex Research Review</td>
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<td>Reaction Paper</td>
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<td>Syllabus Quiz</td>
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<tr>
<td><strong>Total</strong></td>
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<table>
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<tr>
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<td>A</td>
</tr>
<tr>
<td>360 – 371</td>
<td>A-</td>
</tr>
<tr>
<td>352 - 359</td>
<td>B+</td>
</tr>
<tr>
<td>332 - 351</td>
<td>B</td>
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<tr>
<td>320 - 331</td>
<td>B-</td>
</tr>
<tr>
<td>312 - 319</td>
<td>C+</td>
</tr>
<tr>
<td>292 - 311</td>
<td>C</td>
</tr>
<tr>
<td>280 - 291</td>
<td>C-</td>
</tr>
<tr>
<td>272 - 279</td>
<td>D+</td>
</tr>
<tr>
<td>252 - 271</td>
<td>D</td>
</tr>
<tr>
<td>240 - 251</td>
<td>D-</td>
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<tr>
<td>Below 240</td>
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**Passing Grades and Grade Points Effective May 11, 2009 - Summer A**

<table>
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<tr>
<th>Letter Grade</th>
<th>A</th>
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<th>B+</th>
<th>B</th>
<th>B-</th>
<th>C+</th>
<th>C</th>
<th>C-</th>
<th>D+</th>
<th>D</th>
<th>D-</th>
<th>E</th>
<th>WF</th>
<th>I</th>
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<tr>
<td><strong>Grade Points</strong></td>
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<td>3.67</td>
<td>3.33</td>
<td>3.0</td>
<td>2.67</td>
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For additional information regarding UF Grades and Grading Policies: [https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx#grades](https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx#grades)

**Resources for Mental/Emotional Health & Emergencies**

1. University counseling services and mental health services: 392-1575, [http://www.counseling.ufl.edu/cwc/Default.aspx](http://www.counseling.ufl.edu/cwc/Default.aspx)
4. University Police Department: 392-1111 or 9-1-1 for emergencies.
<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>BOOK READINGS</th>
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</table>
| Week 1: 8/24 – 8/28 | Course Overview  
Human Sexuality: Introduction & Perspectives | Chapter 1     |
| Week 2: 8/31 – 9/4 | Sexuality Research  
Female Sexual Anatomy & Physiology | Chapter 2, Chapter 3 |
| Week 3: 9/7 – 9/11 | **Monday: No Class – Labor Day**  
**Wednesday: Syllabus Quiz**  
Female Sexual Anatomy & Physiology | Chapter 3     |
| Week 4: 9/14 – 9/18 | Male Sexual Anatomy & Physiology  
**Friday: Exam #1** | Chapter 4     |
| Week 5: 9/21 – 9/25 | Gender Issues | Chapter 5     |
| Week 6: 9/28 – 10/2 | **Monday: Video, Is it a Boy or a Girl? (Shown in Class)**  
**Wednesday: Video Small Group Discussion** | Chapter 5     |
| Week 7: 10/5 – 10/9 | **Monday: Reaction Paper Due (Hard Copy in Class)**  
Sexual Arousal & Response  
Love & Intimate Relationships | Chapter 6, Chapter 7 |
| Week 8: 10/12 – 10/16 | Love & Intimate Relationships  
Sexual Orientations | Chapter 7, Chapter 9 |
| Week 9: 10/19 – 10/23 | Sexual Orientations  
**Wednesday: Exam #2**  
Sexuality During Childhood & Adolescence | Chapter 9, Chapter 12 |
| Week 10: 10/26 – 10/30 | Sexuality During Childhood & Adolescence  
Sexuality and the Adult Years | Chapter 12, Chapter 13 |
| Week 11: 11/2 – 11/6 | **Monday & Wednesday: No Class – APHA, Chicago**  
**Friday: No Class - Homecoming** |               |
| Week 12: 11/9 – 11/13 | Sexuality and the Adult Year  
**Wednesday: No Class – Veterans Day**  
Sexual Difficulties & Solutions | Chapter 13, Chapter 14 |
| Week 13: 11/16 – 11/20 | **Monday: Sex Research Review Due**  
Sexual Difficulties & Solutions  
Atypical Sexual Behavior | Chapter 14, Chapter 16 |
| Week 14 | 11/23 – 11/27 | Atypical Sexual Behavior  
STIs & HIV  
Wednesday & Friday: No Class - Thanksgiving | Chapter 16  
Chapter 15 |
|---------|---------------|-------------------------------------------------|---------------|
| Week 15: | 11/30 – 12/4 | STIs & HIV  
Graduate Presentations | Chapter 15 |
| Week 16: | 12/7 – 12/11 | **Monday – Exam #3** |  |