Fall 2015 Course Facilitator:
Dr. Tina Garcia

Course Developer:
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Contact Information:
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Office Hours: Please email me if you need to schedule a meeting time.

Course Description: This is a health education and health promotion foundations course. The course is intended to introduce students to the concepts of health education and health promotion which includes: health education specialties, theoretical and philosophical foundations, and philosophies. Other determinants of health, process and practice of health education and the future trends and prospects in the field will also be examined.

Course Communication: This course is completely on-line. All communication should be done inside the course. To communicate with me privately, send me an email inside the course and I will respond inside the course. If you cannot communicate with me successfully via Canvas, Please contact me by phone.


Required Websites/Digital Documents:
Theory at a Glance

Healthy People 2020

Course Objectives:
- Describe the philosophy and meaning of health education.
- Describe the foundations of health education and the many established definitions.
- Establish a personal definition and philosophy of health education.
- Describe the main variables that influence changes in society and health behavior.
- Analyze the role of health education in health promotion and illness prevention.
- Analyze program planning, implementation, and evaluation with health education settings.
- Analyze health educational implementation in a variety of professional settings.
Course Structure:
Due to the nature of this course, you can work through the material at 2am or 2pm…the choice is yours! With this tremendous flexibility comes the demand for tremendous self-discipline and awareness of your work habits. For new and experienced online learners, please remember that online courses, and this course in particular, can be deceptive in the time required to complete the assignments in a timely and exemplary manner. It is very easy and very common for students to underestimate the time needed to complete the assigned activities and assignments within a given time frame. Part of this underestimation is due to the lack of regular face-to-face contact with myself and with your classmates. Without this contact, some students seemingly ‘forget’ that they are enrolled in a course. This course is divided into modules. Each module of material regarding a primary theme, topic, or document will engage you in a variety of course-related activities.

Course Policy:
- All assigned work must be turned in on the date it is due. Assignments will not be accepted late.
- No excuse will be accepted including access to computers, internet problems or uploading errors.
- Before you come to me with any excuses, please be advised that I am able to track your course activity such as how many times and how long you were logged in.
- All assignments are to be completed and submitted by individual students. They are no group assignments. Do not submit someone else’s work at any time for any reason.

Course Activities

Lecture Videos and Readings:
Each module contains a recorded lecture and Power Point presentations. You will not be traditionally tested or quizzed on the material covered within these resources. Instead, you will participate in completing review questions, critical thinking questions and case studies. It is my advice to you to watch the video(s) and read early in the week to give yourself ample time to complete these assignments.

Chapter Review Questions: Each module contains chapter review questions. You must put sufficient effort into your answers to receive your total points.

Critical Thinking Answers and Responses:
Each module contains a critical thinking question in the discussion forum. You will have until Wednesday at 11:59 p.m. of the week that it is due to answer the critical thinking question. Points will be deducted from your total points earned for each day that you miss this Wednesday deadline. If you miss the Wednesday 11:59 p.m. deadline and submit Thursday by 11:59 p.m. four points will be deducted; Friday by 11:59 p.m. eight points will be deducted; and Saturday by 11:59 ten points will be deducted. You will not earn any points if submitted after Saturday at 11:59 p.m. Please make sure that you submit by Wednesday to give your classmates time to respond to your post. You will then have until Sunday at 11:59 p.m. of that week to respond to two of your classmates answers to the critical thinking question. Make sure you view the critical thinking rubric located in each module to gain more information on what is expected.

Chapter Case Study:
Each module contains a case study. Make sure you view the case study rubric located in each module to gain more information on what is expected.

Exams
There will be 3 exams. Exams will consist of 50 multiple choice questions. You will have 75 minutes to complete each exam.

The Course Schedule, which includes all due dates, is listed on the syllabus page of the course.
Evaluation:
Course Introduction 15 points
Review Questions 10 @ 30 points each = 300 points
Critical Thinking Answer and Responses 10 @ 15 points each = 150 points
Chapter Activity or Case Study 10 @ 15 points each = 150 points
Exams 3 @ 100 points each = 300 points

Grading Scale:
95%-100% = A
90-94%.99% = A-
87%-89.99% = B+
83%-86.99% = B
80%-82.99% = B-
77%-79.99% = C+
73%-76.99% = C
70%-72.99% = C-
67%-69.99% = D+
67%-69.99% = D
60%-62.99% = D-
0%-59.99% = E

Tips on how to be successful in the course:
There are things you can do to be successful in this class. While some may seem to be common sense, they bear reiteration.

- Start early!! This tip applies to all aspects of this course. Starting early allows time for mistakes, computer crashes, unsaved file problems and also allows for a deeper understanding of the material.
- Always communicate with me if you are having issues that are affecting your academics. I will work with you the best I can to make accommodations for situations that are affecting your ability to be successful.
- TAKE NOTES!! Even though you will not be tested in a traditional format, this course is the foundational course for your remaining courses in the Department of Health Education and Behavior. Take notes on each resource and refer to them (especially when completing your assignments and discussions). These will be helpful when you encounter these topics in future courses.
- Be sure you have reliable high speed Internet access.
- Keep up; it is easy to “ignore” online course requirements until it is too late.
- Plan to work on this course at least 5-7 hours each week.
- Schedule time to work on your course(s). Be sure this is a time in which you can work without interruptions.
- Take time to get to know your classmates. Isolation can be a barrier to successful online learning as it can be in a face-to-face environment.
- Strive to make assignments meaningful and relevant to your context.
- Life happens. I understand that during this semester, you may experience challenging personal or professional situations, which may take your attention away from this course. It is important that you are experiencing difficulty in the class to communicate with me. Please contact me early if you are experiencing difficulty so I can suggest ways to assist you.
**Academic Integrity/Student Honor Code**
Academic dishonesty will not be tolerated in this class. Ask for clarification from me prior to participating in any activity that might be questionable for completion of course work for this class. All work to be completed for this class is to be individual work except where noted otherwise. “The University of Florida requires all members of its community to be honest in all their endeavors. Students are required to commit themselves to academic honesty by signing a prescribed basic statement, including the Student Honor Code, as part of the registration process. “As a member of the UF community, students pledge on their honor to neither give nor receive unauthorized aid while working or completing assignments and examinations. “Any individual who becomes aware of a violation of the Student Honor Code is bound by honor to take corrective action.” Violations of the UF Academic Honesty Guidelines will not be tolerated and violators will be treated in accordance with the UF Student Honor Code.

**University of Florida Standard of Ethical Conduct**
Honesty, integrity and caring are essential qualities of an educational institution, and the concern for values and ethics is important to the whole educational experience. Individual students, faculty and staff members, as well as the university’s formal organizations, must assume responsibility for these qualities. The concern for values and ethics should be expressed in classes, seminars, laboratories and in all aspects of university life. By definition, the university community includes members of the faculty, staff and administration as well as students. Education at the University of Florida is not an ethically neutral experience. The university stands for, and seeks to inculcate, high standards. Moreover, the concern for values goes well beyond the observance of rules. A university is a place where self-expression, voicing disagreement and challenging outmoded customs and beliefs are prized and honored. However, all such expressions need to be civil, manifesting respect for others. As a major sector in the community, students are expected to follow the university’s rules and regulations that, by design, promote an atmosphere of learning. Faculty, staff and administrators are expected to provide encouragement, leadership and example. While the university seeks to educate and encourage, it also must restrict behavior that adversely affects others. The Standard of Ethical Conduct summarizes what is expected of the members of the university community. [https://catalog.ufl.edu/ugrad/current/advising/info/student-honor-code.aspx](https://catalog.ufl.edu/ugrad/current/advising/info/student-honor-code.aspx)

**Americans with Disabilities Act**
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Dean of Students Office, The Disability Resource Center, 001 Reid Hall, 352-392-8565.