National Professional Health Education Honorary
January 10th, 2017

Eta Sigma Gamma
“ESG”

Alpha Lambda Chapter
University of Florida
HAPPY NEW YEAR!
## ESG Executive Board

**Fall ‘16 – Spring ‘17**

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Amber Dellich</td>
<td><a href="mailto:adellich@ufl.edu">adellich@ufl.edu</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Rachel Zewe</td>
<td><a href="mailto:rzewe@ufl.edu">rzewe@ufl.edu</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Katelyn Meeks</td>
<td><a href="mailto:katelynmeeks@ufl.edu">katelynmeeks@ufl.edu</a></td>
</tr>
<tr>
<td>Public Relations</td>
<td>Christa Dizon, Ashtin Morio</td>
<td><a href="mailto:dizon2012@ufl.edu">dizon2012@ufl.edu</a>, <a href="mailto:amorio@ufl.edu">amorio@ufl.edu</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Tatiana Paz</td>
<td><a href="mailto:tati814@ufl.edu">tati814@ufl.edu</a></td>
</tr>
<tr>
<td>Historians</td>
<td>Lea Lena, Chloe Herring</td>
<td><a href="mailto:llena@ufl.edu">llena@ufl.edu</a>, <a href="mailto:chloeherring@ufl.edu">chloeherring@ufl.edu</a></td>
</tr>
<tr>
<td>Faculty Sponsors</td>
<td>Holly T. Moses, Julia Rae Varnes</td>
<td><a href="mailto:hmoses@hhp.ufl.edu">hmoses@hhp.ufl.edu</a>, <a href="mailto:jrvarnes@ufl.edu">jrvarnes@ufl.edu</a></td>
</tr>
<tr>
<td>Project Coordinator</td>
<td>Brittany Schambow</td>
<td><a href="mailto:bschambow@ufl.edu">bschambow@ufl.edu</a></td>
</tr>
</tbody>
</table>
Icebreaker Time...

- Split into two groups based off of assigned number (#1 or #2)
- Game: “Me too”
- Time allotted: 10 minutes

HAVE FUN :D
ESG Hours Refresher!
Gammons hard at work....

TOTAL Fall 16 Hours: 1197 FANTASTIC JOB!!

**Alpha Lambda Local Membership***:
You need 20 PD hours and 40 event hours = 60 hours
Events: Tabling, Meetings, Outreach, Socials
Professional Development: Guest speakers, Research, FB posts

**National Eta Sigma Gamma Membership***:
You need 20 PD hours, 40 event hours, & membership for 2 semesters

**Outside Hours & Internship Hours**: You are able to submit up to 10 hours from your internship or another health education related event (see outside hours criteria). These hours will supplement your ESG hours.
Ex: 50 ESG hours + 10 internship hours = 60 hours (meets chapter requirement)

* Graduate Student Requirements differ, see Dr. Moses
GatorConnect 2.0*

- ESG members (past & future) will have to be added to GatorConnect by an Officer via UF ID #
Eta Sigma Gamma & UF Student Health presents:

Sex in the Swamp 2017

iOSex: “Update Your Status.”

Date: February 23rd, 2017 7:00 PM
Location: Florida Gym
Theme: Update Your Status

Committees:
- Sexpert Panel
- Project Condom Runway
- Educational Booths
- Sponsors/Donations
- Decorations
- Logistics
  - Seemann, Ashtin

Leaders:
- Dr. Varnes & Sofia Arias
- Amber & Nadege
- Brittany Schambow & Liz
- Abby, Sarah D., & Megan M.
- Rachel
- Dr. Moses, Catherine

TONIGHT: Form groups for educational booths and decide safety topic/app. theme
SITS Educational Booths

The purpose of booth development is for ESG members to gain experience planning an activity that will educate peers on various health and safety topics. Members’ communication of messages and booth designs are expected to be professional.

- Form groups of 4-5 members
- Select a topic and theme related to apps
  - Ex: Alcohol safety and breathalyzer app
- Select a leader of your group and use point person checklist to organize materials
- Develop educational activity and professional booth presentation
- Groups are expected to work outside of meeting time to meet project deadline
Florida Department of Health Area 3/13
HIV/STD Program Overview

Gay Koehler-Sides, M.P.H., C.P.H.
Program Manager, Florida Department of Health
Alachua County

Date: January 20 (Friday), 2017
Time: 12:00 – 1:00 p.m.
Yon Hall North Conference Room (#15)
Lunch provided.
Walk Alachua County 2017

A community program to reduce obesity by encouraging those within Alachua County to engage in a healthy lifestyle. Hosted by the UF Diabetes Institute

ESG will participate in the January 28th walk!

Where: Sante Fe College Track, 8:30-10:30am
Theme: Eye Health
What: Volunteer at Walk Alachua 2017 to support diabetes prevention, promote overall health, and encourage participants. Members are expected to be professional, wear ESG T-shirt, distribute snacks and water, and walk with participants.
January FB Post

Article: Communication practices about HPV testing among providers in Federally Qualified Health Centers

Read the article posted on the UF ESG FB post and comment…

1. What you find interesting
2. Opinion on the article itself-bias, do you agree/disagree?
3. Reply to a peer’s comment

Earn PD Hours: Reading (1) + Comment (1)= 2
DUE: January 31st
Cupid’s Consent Educational Fair

Date: Tuesday, February 14th 2017
Time: 10am-2pm @ West Reitz Overhang
Point Person: ?

Description: Work with ESG and multiple organizations to promote positive, healthy, and empowering sexual practices. Table at ESG’s booth and engage students with an activity that encourages and educates participants about what consent is (or isn't) and how to obtain consent with partners.
Take Back the Night 2017

What is Take Back The Night?

- Community event (showcase your organization) by tabling
- What can you help STRIVE with: tabling, creating crafts, games, serving food, poster making
- STRIVE needs: one or two representatives from ESG to be apart of weekly meetings
- STRIVE meetings: Starting January 19th at 2:00pm Reitz Union, room G3315 these meetings will be held every Thursday.
- When is the actual event? April 5th 4:00pm-12:00am
- Contact information: mariem@ufs.ufl.edu
Relay for Life
Friday, April 7th 2017 @ Flavet Field

Relay Leaders:
Lea Lena, Megan Manulak, Sarah Probst and Hetal Thakor

Please join our team at the following link:
http://main.acsevents.org/site/TR?pg=entry&fr_id=81760
○ Scroll down to select ‘All Teams’
○ Type Eta Sigma Gamma - Alpha Lambda Chapter into the search bar.
○ Select ‘Join Team’ and create an account
○ $10 to join
○ Fundraising Ideas
○ Share on Social Media
ESG Spring Research Topic

Process evaluation (SHCC, Women’s Clinic, and GYT Clinic) to identify current chlamydia screening procedures and possible barriers. We will conduct structured and semi-structured interviews with students, employees, and administration.

Looking for ESG members to assist with interviews and transcription. Training will be provided. Please sign up on the interest sheet if you are interested.
Research Opportunities

STUDENTS: Please email Project Coordinator, Brittany Schambow, at bschambow@ufl.edu about upcoming steps in the research process. We welcome all students, regardless of research experience. We will train students how to conduct each step of the research process. We look forward to working with returning members and meeting new students! This is a great opportunity to gain valuable research experience (and PD hours!) :-)  

Spring 2017 Research Opportunities:

- Structured Interview Training: Tuesday Jan. 24th with Dr. Virginia Dodd 6:00pm
- Hazing research write-up: January-February
- Interviews with SHCC staff & students: February-March
- Transcription of SHCC interviews: February-March
- Hazing research poster-Undergraduate Research Symposium: March
- Process evaluation Analysis and Write-up: April-May

Please sign-up on the interest spreadsheet if you are interested in being a part of the hazing research or process evaluation research project.
Annual UF Undergraduate Research Symposium

**When:** Thursday, March 23, 2017 from 8:45am to 3:00pm in the Reitz Union Grand Ballroom.

**Deadline to Submit Application & Abstract:** March 3, 2017

ESG members can work together to develop and present a research poster outlining our final study results. If you are an undergraduate interested in being a lead for this project, please place an asterisk next to your name. More information: [http://www.scholars.ufl.edu/undergraduate-research-symposium.aspx](http://www.scholars.ufl.edu/undergraduate-research-symposium.aspx)

SIGN UP TODAY!

https://docs.google.com/spreadsheets/d/196Be4XFEFxOdpkyw3-HyK2JY-GfLk6Y/edit#gid=0
JANUARY
Gamman of the Month
Nominations
HHP Shirt Sales

**Advising Office Sale:**
Fall/Spring semester
Florida Gym Rm 11
9am-5pm

**Online Sale:**
Spring semester

**Payment Accepted**
In person sales:
Cash, Credit, or Check
Online sales: Credit only

**Cost:**
Short Sleeve 15$
Long Sleeve 20$
Shipping 5$
Reminders & Websites

Facebook: https://www.facebook.com/UFEtaSigmaGamma
  ○ Reminders, questions, event invitations, pictures

GatorConnect: https://ufl.collegiatelink.net/
  ○ Receive ESG e-mails and officiate your membership

Instagram: https://instagram.com/egalphalambda

E-mail: ufetasigmagamma@gmail.com

Next GBM: January 24th, 2017
Index Card Feedback/Suggestions

Sample Index Card Topics
- What is going well?
- What changes could be made?
- What events would you like to see this semester; this academic year?
- Recognition: recognize yourself or a friend for participation in an ESG or other health-related event for Gamman of the Month.

Eta Sigma Gamma values input from ALL MEMBERS.
- Anonymous
- Optional
- Your opinions matter! :-)

Your opinions matter! :-)